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Central to Zen is the practice of dhyana or meditation.. Origins. The practice of meditation entered into Chinese through the translations of An Shigao (fl. c. 148â€“180 CE), and Kumārajīva (334â€“413 CE), who both translated Dhyāna sutras, which were influential early meditation texts mostly based on the Yogacara meditation teachings of the Sarvāstivāda school of Kashmir circa 1st-4th ...

Zen - Wikipedia

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Zen Backpacking Stoves - Cooking Systems

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Amazon.com: Le Creuset Enamel-on-Steel Zen 1-2/3-Quart

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