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(Luzac and Co., 1913) nothing was known of Zen as a living experience, save to the readers of The Eastern Buddhist (1921-1939), until the publication of Essays in Zen Buddhism (Volume I) in 1927.

Manual of Zen Buddhism: Introduction

the first Soto Zen monastery in the West, the Zen Mountain Center at Tassajara; its city adjunct, the Zen Center in San Francisco; and, for the public at large, this book.

ZEN MIND, BEGINNER'S MIND - Arvind Gupta

R. H. Blyth's Zen in English Literature and Oriental Classics is one of the best introductions available, but it is published only in Japan and, again, lacks the background information.

The Way of Zen - Terebess

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zen to done - The Spinach Man

Zen Master Ejo Absorption in the Treasury of Light – free PDF ebook on Zen Meditation. Zen Master Ejo's Absorption in the Treasury of Light is a much-appraised guide to Zen meditation mastery and a comment on the classic Zen work Shobogenzo.

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ZEN

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The Zen Teaching of Bodhidharma - SelfDefinition.Org

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Zen Mind, Beginners Mind by Shunryu Suzuki is a book of instruction about how to practice Zen, about Zen life, and about the attitudes and understanding that make Zen practice possible. For any reader, the book will be an encouragement to realize his own nature, his own Zen mind.

Zen Mind, Beginners Mind - Free PDF ebook on Zen

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The Zen school is the Meditation school, and the character of Zen can be traced in the tradition of its meditation teaching. Historians have shown us that the origins of the school in China are considerably later and more

cover next page > - Terebess

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